

The Third Hour

Reader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Amen. Glory to You, O God, glory to You!

O Heavenly King, the Comforter, the Spirit of Truth; Who are everywhere and fill all things; Treasury of blessings and Giver of Life; come and abide in us, and cleanse us from every impurity, and save our souls, O Good One!

Holy God! Holy Mighty! Holy Immortal! Have mercy on us!
Holy God! Holy Mighty! Holy Immortal! Have mercy on us!
Holy God! Holy Mighty! Holy Immortal! Have mercy on us!

Glory to the Father, and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us! Lord, cleanse us from our sins! Master, pardon our transgressions! Holy One, visit and heal our infirmities for Your Name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All: Our Father, Who art in heaven, hallowed by Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

Reader: Lord, have mercy. *12x*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Come, let us worship God, our King. Come, let us worship and fall down before Christ, our King and our God. Come, let us worship and fall down before Christ Himself our King and our God.

Psalm 17

Hear a just cause, O Lord; attend to my cry; give ear to my prayer from lips free of deceit. From You let my vindication come; let Your eyes see the right. If You try my heart, if You visit me by night, if You test me, You will find no wickedness in me; my mouth does not transgress. As for what others do, by the word of Your lips I have avoided the ways of the violent. My steps have held fast to Your paths; my feet have not slipped. I call upon You, for You will answer me, O God; incline Your ear to me, hear my words. Wondrously show Your steadfast love, O saviour of those who seek refuge from their adversaries at Your right hand. Guard me as the apple of Your eye; hide me in the shadow of Your wings, from the wicked who despoil me, my deadly enemies who surround me. They close their hearts to pity; with their mouths they speak arrogantly. They track me down; they surround me; they set their eyes to cast me to the ground. They are like a lion eager to tear, like a young lion lurking in ambush. Rise up, O Lord, confront them, overthrow them! By Your sword deliver my life from the wicked, from mortals-- by Your hand, O Lord-- from mortals whose portion in life is in this world. May their bellies be filled with what You have stored up for them; may their children have more than enough; may they leave something over to their little ones. As for me, I shall behold Your face in righteousness; when I awake I shall be satisfied, beholding Your likeness.

Psalm 25

To You, O Lord, I lift up my soul. O my God, in You I trust; do not let me be put to shame; do not let my enemies exult over me. Do not let those who wait for You be put to shame; let them be ashamed who are wantonly treacherous. Make me to know Your ways, O Lord; teach me Your paths. Lead me in Your truth, and teach me, for You are the God of my salvation; for You I wait all the day long. Be mindful of Your mercy, O Lord, and of Your steadfast love, for they have been from of old. Do not remember the sins of my youth or my transgressions; according to Your steadfast love remember me, for Your goodness' sake, O Lord. Good and upright is the Lord; therefore He instructs sinners in the way. He leads the humble in what is right, and teaches the humble His way. All the paths of the Lord are steadfast love and faithfulness, for those who keep His covenant and His decrees. For Your name's sake, O Lord, pardon my guilt, for it is great. Who are they that fear the Lord? He will teach them the way that they should choose. They will abide in prosperity, and their children shall possess the land. The friendship of the Lord is for those who fear Him, and He makes His covenant known to them. My eyes are ever toward the Lord, for He will pluck my feet out of the net. Turn to me and be gracious to me, for I am lonely and afflicted. Relieve the troubles of my heart, and bring me out of my distress. Consider my affliction and my trouble, and forgive all my sins. Consider how many are my foes, and with what violent hatred they hate me. O guard my life, and deliver me; do not let me be put to shame, for I take refuge in You. May integrity and uprightness preserve me, for I wait for You. Redeem Israel, O God, out of all its troubles.

Psalm 51

Have mercy on me, O God, according to Your steadfast love; according to Your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin. For I know my transgressions, and my sin is ever before me. Against You, You only, have I sinned, and done what is evil in Your sight, so that You are justified in Your sentence and blameless when You pass judgement. Indeed, I was born guilty, a sinner when my mother conceived me. You desire truth in the inward being; therefore teach me wisdom in my secret

heart. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. Make me to hear joy and gladness; let the bones that You have crushed rejoice. Hide Your face from my sins, and blot out all my iniquities. Create in me a clean heart, O God, and put a new and right spirit within me. Cast me not away from Your presence, and do not take Your holy spirit from me. Restore to me the joy of Your salvation, and sustain in me a willing spirit. Then I will teach transgressors Your ways, and sinners will return to You. Deliver me from bloodshed, O God, O God of my salvation, and my tongue will sing aloud of Your deliverance. O Lord, open my lips, and my mouth will declare Your praise. For You have no delight in sacrifice; if I were to give a burnt offering, You would not be pleased. The sacrifice acceptable to God is a broken spirit; a broken and contrite heart, O God, You will not despise. Do good to Zion in Your good pleasure; rebuild the walls of Jerusalem. Then You will delight in right sacrifices, in burnt offerings and whole burnt offerings; then bulls will be offered on Your altar.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. 3x

Lord, have mercy. 3x

Troparion of the day

Glory to the Father, and to the Son, and to the Holy Spirit...

**If there is a second Troparion it is inserted here.*

...Now and ever and unto ages of ages. Amen.

Theotokion

Reader: O Theotokos, you are the true vine, that has put forth the fruit of life. We pray, O Lady, intercede together with the Apostles and all the saints, that mercy may be granted to our souls.

Blessed be the Lord God; blessed be the Lord from day to day, and may the God of our salvation prosper us, for He is our God, the God of salvation.

Holy God! Holy Mighty! Holy Immortal! Have mercy on us!
Holy God! Holy Mighty! Holy Immortal! Have mercy on us!
Holy God! Holy Mighty! Holy Immortal! Have mercy on us!

Glory to the Father, and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us! Lord, cleanse us from our sins! Master, pardon our transgressions! Holy One, visit and heal our infirmities for Your Name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All: Our Father, Who art in heaven, hallowed by Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

Reader: *Kontakion of the day*

Lord, have mercy. 40x

You Who at every season and every hour, in heaven and on earth are worshipped and glorified; O Christ our God, Who are long-suffering, merciful and compassionate; Who love the just and show mercy upon the sinner; Who call all to salvation through the promise of blessings to come; O Lord, in this hour receive our supplications, and direct our lives according to Your commandments. Sanctify our souls, hallow our bodies, correct our thoughts, cleanse our minds; deliver us from all tribulations, evil and distress. Compass us about with Your holy Angels, that guided and guarded by them, we may attain to the unity of the faith and to the knowledge of Your unapproachable glory, for You are blessed unto ages of ages. Amen.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

More honourable than the Cherubim, and more glorious beyond compare than the Seraphim; without defilement you gave birth to God the Word; true Theotokos, we magnify you.

By the intercessions of Your Saints, O Lord, bless.

Through the prayers of our holy Fathers, O Lord Jesus Christ, our God, have mercy on us. Amen.

Prayer of Saint Macarios

O God the Master, Father Almighty, O Lord Jesus Christ, the only-begotten Son, and You, O Holy Spirit, one God-head, one Power, have mercy upon me a sinner, and according to Your divine judgment save me, Your unworthy servant; for blessed are You unto ages of ages. Amen.

The Sixth Hour

Reader: Come, let us worship God, our King. Come, let us worship and fall down before Christ, our King and our God. Come, let us worship and fall down before Christ Himself, our King and our God.

Psalm 54

Save me, O God, by Your name, and vindicate me by Your might. Hear my prayer, O God; give ear to the words of my mouth. For the insolent have risen against me, the ruthless seek my life; they do not set God before them. But surely, God is my helper; the Lord is the upholder of my life. He will repay my enemies for their evil. In Your faithfulness, put an end to them. With a freewill offering I will sacrifice to You; I will give thanks to Your name, O Lord, for it is good. For He has delivered me from every trouble, and my eye has looked in triumph on my enemies.

Psalm 55

Give ear to my prayer, O God; do not hide Yourself from my supplication. Attend to me, and answer me; I am troubled in my complaint. I am distraught by the noise of the enemy, because of the clamour of the wicked. For they bring trouble upon me, and in anger they cherish enmity against me. My heart is in anguish within me, the terrors of death have fallen upon me. Fear and trembling come upon me, and horror overwhelms me. And I say, "O that I had wings like a dove! I would fly away and be at rest; truly, I would fly far away; I would lodge in the wilderness; I would hurry to find a shelter for myself from the raging wind and tempest." Confuse, O Lord, confound their speech; for I see violence and strife in the city. Day and night they go around it on its walls, and iniquity and trouble are within it; ruin is in its midst; oppression and fraud do not depart from its marketplace. It is not enemies who taunt me-- I could bear that; it is not adversaries who deal insolently with me-- I could hide from them. But it is you, my equal, my companion, my familiar friend, with whom I kept pleasant company; we walked in the house of God with the throng. Let death come upon them;

let them go down to Sheol alive; for evil is in their homes and in their hearts. But I call upon God, and the Lord will save me. Evening and morning and at noon I utter my complaint and moan, and He will hear my voice. He will redeem me unharmed from the battle that I wage, for many are arrayed against me. God, Who is enthroned from of old, will hear, and will humble them-- because they do not change, and do not fear God. My companion laid hands on a friend and violated a covenant with me with speech smoother than butter, but with a heart set on war; with words that were softer than oil, but in fact were drawn swords. Cast your burden on the Lord, and He will sustain you; He will never permit the righteous to be moved. But You, O God, will cast them down into the lowest pit; the bloodthirsty and treacherous shall not live out half their days. But I will trust in You.

Psalm 91

You who dwell in the shelter of the Most High, who abide in the shadow of the Almighty, will say to the Lord, "My refuge and my fortress; my God, in Whom I trust." For He will deliver you from the snare of the fowler and from the deadly pestilence; He will cover you with His pinions, and under His wings you will find refuge; His faithfulness is a shield and buckler. You will not fear the terror of the night, or the arrow that flies by day, or the pestilence that stalks in darkness, or the destruction that wastes at noonday. A thousand may fall at your side, ten thousand at your right hand, but it will not come near you. You will only look with your eyes and see the punishment of the wicked. Because you have made the Lord your refuge, the Most High your dwelling place, no evil shall befall you, no scourge come near your tent. For He will command his angels concerning you to guard you in all your ways. On their hands they will bear you up, lest you dash your foot against a stone. You will tread on the lion and the adder, the young lion and the serpent you will trample under foot. Those who love Me, I will deliver; I will protect those who know My name. When they call to Me, I will answer them; I will be with them in trouble, I will rescue them and honour them. With long life I will satisfy them, and show them My salvation.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God. 3x
Lord, have mercy. 3x

Troparion of the day

Glory to the Father, and to the Son, and to the Holy Spirit...

**If there is a second Troparion it is inserted here.*

...Now and ever and unto ages of ages. Amen.

Theotokion

Reader: As there is no boldness in us because of the multitude of our sins, O Virgin Theotokos, intercede with the Son Whom you have borne, for the entreaty of a mother has great power to win the favour of the Master. Despise not, O all-venerable Lady, the prayers of us sinners, for He Who took upon Himself to suffer for our sake is merciful and strong to save.

Let Your tender mercies, O Lord, speedily go before us, for we have become exceedingly poor. Help us, O God of our salvation, for the glory of Your name; O Lord, deliver us and purge away our sins, for Your name's sake.

Holy God! Holy Mighty! Holy Immortal! Have mercy on us!
Holy God! Holy Mighty! Holy Immortal! Have mercy on us!
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heal our infirmities for Your Name's sake.

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Reader: *Kontakion of the day*

Lord, have mercy. *40x*

You Who at every season and every hour, in heaven and on earth are worshipped and glorified; O Christ our God, Who are long-suffering, merciful and compassionate; Who love the just and show mercy upon the sinner; Who call all to salvation through the promise of blessings to come; O Lord, in this hour receive our supplications, and direct our lives according to Your commandments. Sanctify our souls, hallow our bodies, correct our thoughts, cleanse our minds; deliver us from all tribulations, evil and distress. Compass us about with Your holy Angels, that guided and guarded by them, we may attain to the unity of the faith and to the knowledge of Your unapproachable glory, for You are blessed unto ages of ages. Amen.

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More honourable than the Cherubim, and more glorious beyond compare than the Seraphim; without defilement you gave birth to God the Word; true Theotokos, we magnify you.
By the intercessions of Your Saints, O Lord, bless.

Through the prayers of our holy Fathers, O Lord Jesus Christ, our God, have mercy on us. Amen.

Prayer of Saint Basil the Great

Reader: O God, the Lord of hosts, the Author of all creation, Who in Your ineffable tender mercy has sent down Your Only-begotten Son, Our Lord Jesus Christ, for the salvation of our kind, and through His Holy Cross has torn up the handwriting of our sins and thereby triumphed over the princes and dominions of darkness; O Master. Who love mankind, accept these prayers of thanksgiving and supplication even from us sinners, and deliver us from every deadly and dark transgression and from all the visible and invisible enemies that seek to do us harm. Nail our flesh with the fear of You, and let not our hearts incline to evil words or thoughts, but wound our souls with Your love, that ever gazing upon You, guided by Your light and beholding You, the eternal Light that no man can approach, we may send up unceasing praises and thanks unto You, the Father without beginning, together with Your Only-begotten Son and Your most holy, good, and life-giving Spirit, now and ever and unto ages of ages. Amen.

The Reader's Service of Typica

Reader: Through the prayers of our Holy Fathers, O Lord Jesus Christ our God, have mercy on us.

People: Amen.
Lord have mercy. 3x

The First Antiphon

Reader: Lord, have mercy. 3x

People: **The Second Antiphon**

Reader: Lord, have mercy. 3x

People: **The Third Antiphon**

The Entrance Hymn

People: Come, let us worship and fall down before Christ!
O Son of God,
Who rose from the dead;
Save us who sing unto You.
Alleluia, Alleluia, Alleluia.

**on Feasts of Theotokos: through the prayers of the Theotokos*

**on weekdays: Who is wonderful in His Saints*

People: *appointed Troparia of the day*
(Kontakia are sung after the Lord's Prayer)

Reader: Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us.

People: Amen.

The Trisagion Hymn

The Prokeimenon

Reader: The Prokeimenon in the ____ tone.

Then, as in usual practice, the Reader intones the appointed prokeimenon of the day. After the Reader, the Choir repeats the same, and once more after its verse. The Reader then intones the first half, and the choir sings the last half.

The Epistle

Reader: The reading from the Epistle of the holy Apostle Paul to the ____.
(or from the Acts of the Holy Apostles..)
(or from the Catholic Epistle of Saint_____)

The Reader chants the Epistle (or Epistles) for the day.

Reader: Alleluia. Alleluia. Alleluia.

People: Alleluia. Alleluia. Alleluia.

The Reader chants the Alleluia verses as appointed interspersed with the Choir singing "Alleluia"

The Gospel

Reader: The Lesson from the Holy Gospel according to Saint____.
(Matthew/Mark/Luke the Evangelist; John the Theologian)

People: Glory to You, O Lord, glory to You.

Reader: *Gospel reading for the day*

People: Glory to You, O Lord, glory to You.

Lord, have mercy. 3x

Lord, have mercy. 3x

Lord, have mercy. 3x

Prayer to the Lord of Hosts

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Remember us, O Lord, when You come in Your Kingdom.

(Reverence)

Remember us, O Master, when You come in Your Kingdom.

(Reverence)

Remember us, O Holy One, when You come in Your Kingdom.

(Reverence)

The heavenly choir sings to You, and cries: Holy, holy, holy Lord God of Hosts; heaven and earth are full of Your glory. Come unto Him and be enlightened, and your faces shall not be ashamed. The heavenly choir sings to You, and cries: Holy, holy, holy Lord God of Hosts; heaven and earth are full of Your glory.

Glory to the Father, and to the Son, and to the Holy Spirit.

The choir of holy Angels and Archangels, with all the Powers of heaven, sing Your praises and cry: Holy, holy, holy Lord God of Hosts; heaven and earth are full of Your glory.

Now and ever and unto ages of ages. Amen.

People: **The Creed**

Prayer of Forgiveness

Reader: O God, remit, pardon and forgive our sins, whether voluntary or involuntary, whether by words or deeds, whether in knowledge or ignorance, whether by day or night, whether in mind or thought; forgive us all these, for You are good and love mankind.

People: **The Lord's Prayer**

Reader: O Lord, Jesus Christ, have mercy on us and save us.

People: Amen.

People: *Choir now sings the Kontakia of the day.*

Reader: Lord, have mercy. *12x*

All-holy Trinity, Mighty, one in essence, Kingdom undivided, origin of all good things, be graciously inclined also to me, a sinner. Establish me; give understanding to my heart, and purge away all my vileness. Enlighten my mind, that I may glorify, sing praises, and adore You and say:

People: One is Holy,
One is the Lord, Jesus Christ,
To the glory of God the Father. Amen.

Blessed be the Name of the Lord, henceforth and forevermore.
3x

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Psalm 34

I will bless the Lord at all times; his praise shall continually be in my mouth. My soul makes its boast in the Lord; let the humble hear and be glad. O magnify the Lord with me, and let us exalt His name together. I sought the Lord, and he answered me, and delivered me from all my fears. Look to him, and be radiant; so your faces shall never be ashamed. This poor soul cried, and was heard by the Lord, and was saved from every trouble. The angel of the Lord encamps around those who fear him, and delivers them. O taste and see that the Lord is good; happy are those who take refuge in Him. O fear the Lord, you His holy ones, for those who fear Him have no want. The young lions suffer want and hunger, but those who seek the Lord lack no good thing. Come, O children, listen to me; I will teach you the fear of the Lord. Which of you desires life, and covets many days to enjoy good? Keep your tongue from evil, and your lips from speaking deceit. Depart from evil, and do good; seek peace, and pursue it. The eyes of the Lord are on the righteous, and his ears are open to their cry. The face of the Lord is against evildoers, to cut off the remembrance of them from the earth. When the righteous cry for help, the Lord hears, and rescues them from all their troubles. The Lord is near to the broken-hearted, and saves the crushed in spirit. Many are the afflictions of the righteous, but the Lord rescues them from them all. He keeps all their bones; not one of them will be broken. Evil brings death to the wicked, and those who hate the righteous will be condemned. The Lord redeems the life of his servants; none of those who take refuge in him will be condemned.

The Theotokion

People: It is truly meet to bless you, O Theotokos,
Ever blessed and most pure, and the Mother of our God.
More honourable than the Cherubim,
And more glorious beyond compare than the Seraphim:
Without corruption you gave birth to God the Word:
True Theotokos, we magnify you.

The Dismissal

People: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy. 3x

Lord, Bless.

Reader: Lord Jesus Christ, Son of God, through the prayers of Your most pure mother; by the power of the honourable and life-giving Cross; and by the holy bodiless powers of heaven; of our Holy, Venerable and God-bearing Fathers; and of all Your saints, have mercy on us.

People: Amen.

The people venerate the Holy Cross placed on the Analoy.