

Reader: It is good to give thanks to the Lord, to sing praises to Your name, O Most-high; to declare Your steadfast love in the morning, and Your truth by night.

Holy God, Holy Mighty, Holy Immortal, have mercy on us!
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Holy God, Holy Mighty, Holy Immortal, have mercy on us!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and to the ages of ages. Amen.

Most Holy Trinity, have mercy on us. Lord, wash away our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for Your Name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and to the ages of ages. Amen.

All: Our Father, Who art in heaven. Hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

Priest: For Yours is the Kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages.

Reader: Amen.
Standing in the temple of Your glory, we think that we are in heaven, O Theotokos, Gate of heaven. Open to us the gates of your mercy.

Lord, have mercy. *40x*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

More honourable than the Cherubim, and more glorious beyond compare than the Seraphim, without corruption you gave birth to God the Word: true Theotokos, we magnify you!
In the name of the Lord, bless, Master.

Priest: Christ our God, the "I am", is blessed always, now and ever, and unto ages of ages.

Reader: Amen. O Heavenly King, establish the Orthodox Christians, confirm the Faith, quiet the heathen, give peace to the world, place our departed father and brethren in the tabernacle of the Righteous, and accept us sorrowers and penitents, for You are good and the Lover of mankind.

The Prayer of St. Ephraim

All: O Lord and Master of my life! Take from me the spirit of sloth, despair, lust of power and idle talk. (*Prostration*)
But give rather the spirit of chastity, humility, patience, and love to Your servant. (*Prostration*)
Yes, O Lord and King! Grant me to see my own transgressions and not to judge my brother, for blessed are You, unto ages of ages. (*Prostration*)

12 metaneias saying "O God, cleanse me a sinner"
The entire Prayer of St. Ephraim is read and a single prostration is made at the end.

Dismissal

Priest: Glory to You, O Christ, our God and our Hope, glory to You!

People: (*Lenten melody*) Glory to the Father, and the Son, and the Holy Spirit, now and ever and unto ages of ages. Amen.
Lord, have mercy. Lord, have mercy. Lord, have mercy. Master, bless.

Priest: May the Lord Who is going to His voluntary passion on behalf of us men and for our salvation, Christ our true God, through the prayers of His most pure Mother; of the holy, glorious and all-laudable Apostles, of the holy and righteous ancestors of God, Joachim and Anna; and of all the Saints, have mercy on us and save us, for He is good and loves mankind.

People: Amen.