

First Friday of Great Lent: 1st Prokeimenon

Tone 5

The Lord answer you in the day of trou - ble.

*verse: The name of the God of Jacob protect you.  
Reading: Genesis 2:20-3:20*

2nd Prokeimenon

Tone 6

Be exalted - in Your strength, O Lord,

and we will praise and sing Your pow - - - er.

*verse: In Your strength the king rejoices, O Lord.  
Reading: Proverbs 3: 19-34*

2nd Friday of Lent: 1st Prokeimenon

Tone 4

Let Your mercy and Your love

pre - serve me for - ev - - - er.

*verse: I waited patiently for the Lord; He inclined to me and heard my cry.  
Reading: Genesis 5:32-6:8*

2nd Prokeimenon

Tone 6

I said: Lord, have mer - cy on me, heal my soul.

*verse: Blessed is He Who considers the poor!  
Reading: Proverbs 6:20-7:1*

3rd Friday of Lent: 1st Prokeimenon

Tone 4

Grant us Your help against the e - ne - my,

for vain is the help of men.

*verse: O God, You have rejected us, broken our defenses.  
Reading: Genesis 8:4-21*

2nd Prokeimenon

Tone 6

Hear my cry, O Lord, lis - ten to my prayer, my prayer.

*verse: From the ends of the earth I call to You!  
Reading: Proverbs 10:31-11:12*

4th Friday of Lent: 1st Prokeimenon

Tone 4

Listen, O shep - herd of Is - ra - el,

You Who lead ——— Jo - seph like ——— a flock!

*verse: Manifest Yourself, You Who are enthroned on the Cherubim.  
Reading: Genesis 12:1-7*

2nd Prokeimenon

Tone 4

Re - joice in God

my Sa - - - viour.

*verse: Raise a song, sound the timbrel!  
Reading: Proverbs 14:15-26*

5th Friday of Great Lent: 1st Prokeimenon

Tone 4

The Lord is compassionate and mer - ci - ful

long suf - fer - ing and of great good - - - ness.

*verse: Bless the Lord, O my soul, and all that is within me bless His holy name!*  
*Reading: Genesis 22:1-18*

2nd Prokeimenon

Tone 4

O Lord, how manifold are Your works!

in wis - - - dom You have made them all.

*verse: Bless the Lord, O my soul. O Lord my God, You are very great.*  
*Reading: Proverbs 17:17-18:5*

6th Friday of Great Lent: 1st Prokeimenon

Tone 6

Our help is in the name of the Lord Who made heaven and earth.

*verse: If it had not been the Lord Who was on our side, let Israel now say.*

*Reading: Genesis 49:33-50:26*

6th Friday of Great Lent: 2nd Prokeimenon

Tone 4

Those who trust in the Lord are like Mount Zion,

which can not be moved but abides forever.

*verse: For the sceptre of wickedness shall not rest upon the land allotted to the righteous.*

*Reading: Proverbs 31:8-31*

Great and Holy Monday: 1st Prokeimenon

Tone 6

The Lord bless you from Zi - on,

This musical system consists of a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The key signature has one flat (B-flat). The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are placed below the notes.

may you see the pros - pe - ri - ty of Je - ru - sa - lem.

This musical system continues the previous one. It features a grand staff with a treble clef and a bass clef. The key signature remains one flat. The melody is in the treble clef, and the accompaniment is in the bass clef. The lyrics are placed below the notes.

*verse: Blessed is everyone who fears the Lord, who walks in His ways.*

*Reading: Exodus 1:1-20*

2nd Prokeimenon

Tone 6

We bless you in the name of the Lord.

This musical system consists of a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The key signature has one flat (B-flat). The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are placed below the notes.

*verse: Sorely have they afflicted me from my youth.*

*Reading: Job 1:1-12*

*Gospel: Matthew 24:3-35*

Great and Holy Tuesday: 1st Prokeimenon

Tone 6

A-rise, O Lord, and go to Your rest-ing place, You and the ark of Your might.

*verse: Remember, O Lord, in David's favour, all the hardships he endured.*

*Reading: Exodus 2:5-10*

2nd Prokeimenon

Tone 4

Behold, how good and pleasant it is  
when bro - thers dwell in u - - ni - ty.

*verse: It is like the precious oil upon the head, running down upon the beard of Aaron.*

*Reading: Job 1:13-22*

*Gospel: Matthew 24:36-26:2*



Great and Holy Wednesday: 1st Prokeimenon

Tone 4

O give thanks to the God of hea - ven

for His mer - cy en - dures for - e - - - ver.

*verse: O give thanks to the God of gods, for His mercy endures forever.*

*Reading: Exodus 2:11-22*

2nd Prokeimenon

Tone 4

Your steadfast love, O Lord, endures for - e - - ver,

do not for - sake the work of Your hands.

*verse: I give thanks to You, O Lord, with my whole heart; before the gods I sing Your praises.*

*Reading: Job 2:1-10*

*Gospel: Matthew 26:6-16*