

## Praises – Resurrection Gospel Stikhera (after the Glory...)

### #1 – Tone 1

The disciples went up into the mountain for the Lord's ascension  
And, the Lord standing before them, they worshipped Him.  
Taught by His authority,  
They were sent to all nations to preach  
His Resurrection from the dead and entry into heaven.  
Christ, our God and Saviour and the salvation of our souls, //  
Promised faithfully to be with them forevermore.

### #2 – Tone 2

The women came with Mary,  
Carrying myrrh and asking among themselves how to attain their end,  
But the stone was rolled away  
And a young man not of this world calmed the tumult of their souls saying:  
"Jesus the Lord is risen.  
Tell, then, His messengers and disciples to hasten to Galilee, //  
Where they will see Him risen from the dead as the life-giving Lord."

### #3 – Tone 3

When Mary Magdalene announced the good news of the Saviour's Resurrection  
And His appearing, the disciples doubted  
And, reproached for their hardness of heart,  
Were sent to preach armed with signs and wonders.  
When You, O Lord, had ascended to the Father, the Source of light,  
They preached the word in all places, confirming it with miracles.  
We therefore, enlightened by them,  
Glorify Your Resurrection from the dead, //  
O Lord Who love mankind.

### #4 – Tone 4

Very early in the morning  
The women went to Your tomb, O Christ,  
But they did not find the Body they sought.  
Two men stood by them in shining apparel as they stood perplexed, and said:  
"Why do you seek the living among the dead?  
He is risen as He foretold. Do you not remember His words?"  
Believing the vision, they proclaimed the good news,  
But it seemed as idle tales, so cast down were the disciples. //  
But Peter ran and, seeing, glorified Your marvels.

### #5 - Tone 5

O how wise are Your judgements, O Christ!  
How did You, from the grave-clothes lying by themselves,  
Give to Peter to understand Your Resurrection?  
You conversed on the way with Luke and Cleopas  
And, while conversing, did not reveal Yourself at once to them,  
Being reproached as the only stranger in Jerusalem  
Who did not know the things that had come to pass in those days.  
You Who dispose all things for the good of all,  
Did interpret the prophecies concerning Yourself,  
Making Yourself known to them in the breaking of bread,  
For their hearts were already aflame with the desire to know You.  
They clearly proclaimed Your Resurrection to the assembled disciples; // Thereby  
have mercy on us.

### #6 - Tone 6

You, O Christ, are the true Peace  
Who gives the peace of God to men.  
You showed Yourself after Your Resurrection  
To the frightened disciples who thought they saw a spirit.  
But You calmed the tumult of their souls,  
Showing them Your hands and feet  
And, while they disbelieved their eyes, You ate with them.  
You opened their minds to understand the Scriptures  
And the Father's promise  
And, blessing them, were taken up to heaven.  
Therefore with them, we worship You; //  
O Lord, glory to You!

### #7 - Tone 7

Behold, it was dark and very early in the morning.  
Why do you, Mary, stand by the tomb -  
Your mind darkened with seeking where Jesus was laid?  
Behold, the disciples, running to the tomb,  
Have truly seen His Resurrection in the grave-clothes and the napkin, Remembering  
the words of Scripture concerning this divine mystery.  
We, who believe with them and through them, hymn You, //  
O Christ, the Giver of life.

### #8 – Tone 8

Mary's warm tears were not shed in vain,  
For she was deemed worthy to receive the proclamation of the angel  
And the sight of You, O Jesus.  
But still having, as a weak woman, earthly thoughts,  
She was forbidden to touch You, O Christ,  
But was sent as a messenger to proclaim to the disciples  
The good tidings of Your ascension to Your heritage with the Father.  
Make us worthy, with her, O Lord and Master, //  
To see You as You are.

### #9 – Tone 5

In the last days, on the Sabbath in the evening,  
You appeared to Your friends  
And, by Your wondrous entering through closed doors,  
Confirmed the miracle of Your Resurrection from the dead.  
Filling Your disciples with joy,  
You gave them the Holy Spirit and the power to forgive sins,  
And did not leave Thomas in the stormy sea of unbelief.  
Grant us also the knowledge of the truth //  
And the forgiveness of our sins, O compassionate Lord.

### #10 – Tone 6

After Your descent into Hades  
And Your Resurrection from the dead,  
The apostles, discouraged by Your departure, O Christ,  
Returned to their work – to their boats and their nets –  
But there was no catch.  
Then, O Saviour, You appeared as Master of all,  
Telling them to cast the net on the right side;  
And Your word was fulfilled straightaway.  
They took a great quantity of fish,  
And a wondrous meal was prepared for them on land,  
Of which Your disciples partook.  
Grant us also, O compassionate Lord, //  
To partake of Your mystical supper.

### #11 – Tone 8

Appearing to Your disciples, O Christ,  
After Your Resurrection,  
You gave Peter the charge of Your sheep,  
Asking him to tend them with care as a recompense for Your love.  
Therefore, You said to him:  
“If you love me, Peter, tend my lambs; feed my sheep.”  
Peter then pointed to the other beloved disciple, and asked about him. // Through  
their prayers, O Christ, save Your flock from the ravenous wolves.