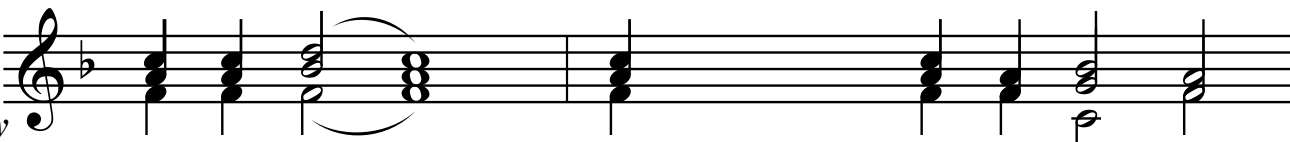


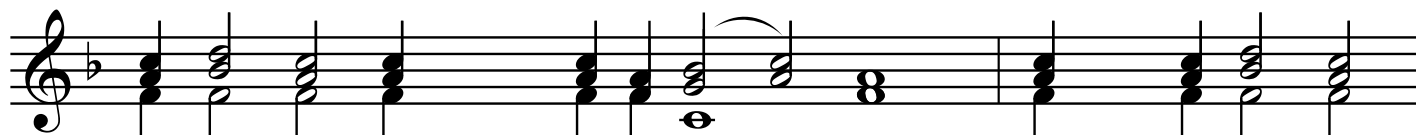
From My Youth

Valaam Chant

Descant
Melody
Harmony



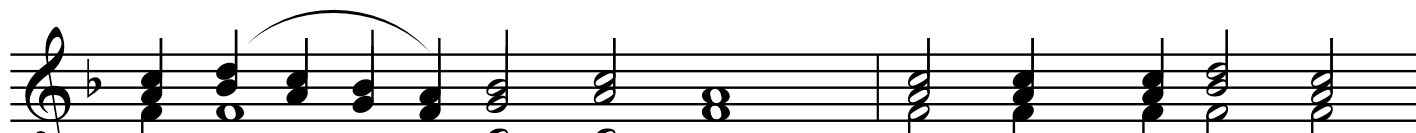
From my youth, many passions have fought a - gainst me.



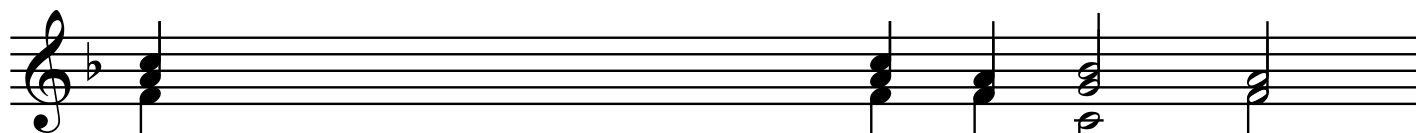
But help me and save me, O my Sa - viour! You who hate Zi - on



shall be put to shame by the Lord. You shall be wi - thered up



like grass by the fire! Glo - ry to the Fa - ther,



and to the Son, and to the Ho - ly Spi - rit,



now and e - ver and unto a - ges of a - ges. A - men.

The Ho - ly Spi - rit gives life to e - very soul;

The first line of music is in G major (one flat) and 4/4 time. It consists of two measures. The first measure contains four chords: G major, A minor, B minor, and C major. The second measure contains four chords: D major, E minor, F major, and G major. The lyrics are written below the notes.

it is ex - alt - ed in pu - ri - ty, il - lu - - mined

The second line of music continues the melody. It consists of two measures. The first measure contains five chords: G major, A minor, B minor, C major, and D major. The second measure contains three chords: E minor, F major, and G major. A slur is placed over the last two chords of the second measure. The lyrics are written below the notes.

by the Ho - ly Tri - ni - ty in a sa - cred mys - te - ry!

The third line of music concludes the phrase. It consists of two measures. The first measure contains four chords: G major, A minor, B minor, and C major. The second measure contains three chords: D major, E minor, and F major. The piece ends with a double bar line. The lyrics are written below the notes.