



## Our Lord Jesus Christ,

by His divine grace, as also by the gift  
and power vouchsafed unto His holy Disciples  
and Apostles, that they should bind  
and loose the sins of men:

(for He said unto them, "Receive the Holy Spirit:  
Whosoever sins you remit, they are remitted,  
and whosoever sins you retain,  
they are retained. And whatsoever  
you shall bind or loose upon earth  
shall be bound or loosed also in heaven").

By that same power, also, transmitted unto us  
from them, this my spiritual child .....  
is absolved through me, unworthy though I be,  
from all things wherein, as mortal, he (she) has  
sinned against God, whether in word, or deed,  
or thought, and with all his (her) senses,  
whether voluntary or involuntary, whether with  
knowledge or through ignorance. If he (she) be  
under the ban or excommunication of a Bishop,  
or a Priest, or has sinned by any oath, or has been bound,  
as man, by any sins whatsoever, but has  
repented him (her) thereof, with contrition of heart:  
he (she) is now absolved from all those faults and bonds.

May all those things which have proceeded from  
the weakness of his (her) mortal nature be consigned  
to oblivion, and be remitted unto him (her):

Through His loving-kindness, through the  
prayers of our most holy, blessed, and glorious Lady,  
the Mother of our Lord and ever-virgin Mary,  
of the holy, glorious, and all-laudable Apostles,  
and of all the Saints.

Amen.