

# The Anaphora

**Deacon:** Let us stand aright! Let us stand with fear! Let us attend, that we may offer the Holy Oblation in peace.

**People:**

Mer - cy, Peace, A sac - ri - fice of praise.

**Priest:** The grace of our Lord Jesus Christ, the love of God the Father, and the communion of the Holy Spirit be with all of you.

**People:**

And with your spi - rit.

**Priest:** Let us lift up our hearts.

**People:**

We lift them up un-to the Lord.

**Priest:** Let us give thanks unto the Lord.

**People:**

It is meet and right, to wor-ship the Fa-ther, and the Son,

and the Ho-ly Spi-rit: the Trinity one in es-sence and un-di-vi-ded.

**Priest:** It is fitting and right to hymn You, to bless You, to praise You, to give thanks to You and to worship You in every place of Your dominion: For You are God ineffable, inconceivable, invisible, incomprehensible, ever-existing, and eternally the same: You and Your only-begotten Son and Your Holy Spirit. It was You Who brought us from non-existence into being and, when we had fallen away, raised us up again, and did not cease to do all things until You brought us up to heaven, and endowed us with Your Kingdom which is to come. For all these things we give thanks to You, and to Your only-begotten Son, and to Your Holy Spirit; for all things of which we know and of which we know not, whether manifest or unseen. And we thank You for this Liturgy which You have deigned to accept at our hands, though there stand by You thousands of archangels and hosts of angels, the Cherubim and the Seraphim, six-winged, many-eyed, who soar aloft, borne on their pinions:

Singing the triumphant hymn, shouting, proclaiming and saying...

Ho - ly! Ho - ly! Ho - ly! Lord of Sa - ba - oth!

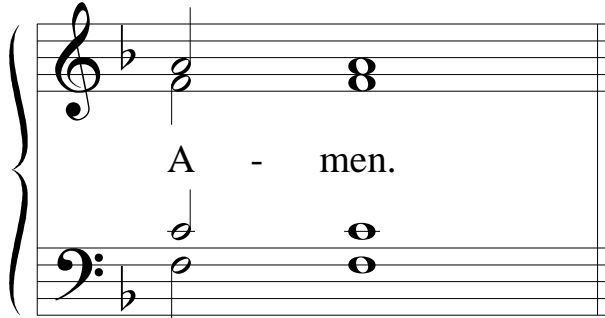
Hea - ven and earth are full of your glo - ry Ho - san - na in the high - est!

Bless - ed is He that comes in the name of the Lord

Ho - san - na in the high - - - - est!


**Priest:** With these blessed powers, O Master Who love mankind, we also cry aloud and say: Holy are You and all-holy, You and Your only-begotten Son and Your Holy Spirit! Holy are You and all-holy, and magnificent is Your glory! Who have so loved the world as to give Your only-begotten Son, that whoever believes in Him should not perish but have everlasting life; Who, when He had come and had fulfilled all the dispensation for us, in the night in which He was given up - or rather, gave Himself up for the life of the world - took bread in His Holy, pure, and blameless hands; and when He had given thanks and blessed it, and hallowed it, and broken it, He gave it to His Holy disciples and apostles, saying:

Take! Eat! This is My Body, broken for you, for the remission of sins.

**People:** 

**Priest:** And likewise, after supper, He took the cup, saying:

Drink of it, all of you! This is My Blood of the New Testament, which is shed for you and for many, for the remission of sins!

**People:** 

**Priest:** Remembering this saving commandment and all those things which have come to pass for us: the cross, the tomb, the resurrection on the third day, the ascension into heaven, the sitting at the right hand of the Father, and the second and glorious Coming,

Your own of Your own we offer unto You, on behalf of all and for all.

**People:**

We praise You, we bless You,

we give thanks un - to You O Lord,

and we pray un - to You, We pray un to You,

O our God, O our God.

**Priest:** ...Again we offer unto You this reasonable and bloodless worship, and ask You, and pray You, and supplicate You: Send down Your Holy Spirit upon us and upon these Gifts here offered.

And make this Bread the precious Body of Your Christ...

**People:** (*spoken*) Amen.

**Priest:** ...and that which is in this Cup the precious Blood of Your Christ.

**People:** (*spoken*) Amen.

**Priest:** ...Making the change by Your Holy Spirit...

**People:** (*spoken*) Amen. Amen. Amen. (*metaneia*)

**Priest:** ...that they may be to those who partake for the purification of soul, for the remission of sins, for the communion of Your Holy Spirit, for the fulfillment of the Kingdom of Heaven, for boldness towards You, and not for judgement or condemnation.

Again we offer to You this reasonable worship for those who have fallen asleep in the faith: ancestors, fathers, patriarchs, prophets, apostles, preachers, evangelists, martyrs, confessors, ascetics, and every righteous spirit made perfect in faith.

Especially for our most holy, most pure, most blessed and glorious Lady Theotokos and ever-Virgin Mary.

**People:** *The Theotokion - "It is truly meet" EXCEPT:*  
*From Pascha until Ascension, we sing "The Angel Cried"*  
*At Liturgies of St. Basil, we sing "All of Creation"*  
*At Festal Liturgies, we sing the Theotokion of the Feast*